



THE ONLY INHALED MEALTIME INSULIN



***Inhale with your first bite.
No needles, no pre-planning.
No kidding.***

Scan the QR code to see [Medication Guide and Instructions for Use](#) and see [Important Safety Information](#) on pages [10-11](#) of this brochure.



Medication Guide and
Instructions for Use



COULD AFREZZA BE RIGHT FOR YOU?

AFREZZA® is a rapid-acting insulin you inhale at mealtime to help manage blood sugar.



Life doesn't end after diagnosis, it's actually just beginning. In combination with my CGM, AFREZZA allows me to make real-time corrections quickly and efficiently. AFREZZA works great for my day-to-day activities."



- Mike



INDICATION

AFREZZA® is a rapid acting inhaled human insulin indicated to improve glycemic control in adult patients with diabetes mellitus.

SUMMARY OF IMPORTANT SAFETY INFORMATION

- **Afrezza® (insulin human) Inhalation Powder may cause serious side effects, including sudden lung problems** (in a study, some AFREZZA-treated patients with asthma, whose asthma medication was temporarily withheld, experienced sudden lung problems).
- **Other serious side effects may include low blood sugar, decreased lung function, lung cancer, diabetic ketoacidosis, severe allergic reaction, low potassium in your blood, and heart failure. Some of these side effects may lead to death.**
- The most common side effects are low blood sugar, cough, and sore throat.
- **Don't use AFREZZA if you have long-term lung problems such as asthma or chronic obstructive pulmonary disease (COPD) or are allergic to any of the ingredients in AFREZZA.**
- **Don't use AFREZZA if you are having an episode of low blood sugar.**
- Before starting AFREZZA, your healthcare provider will give you a breathing test to check how your lungs are working.
- AFREZZA is not for use to treat diabetic ketoacidosis.
- AFREZZA must be used with basal insulin in people who have type 1 diabetes.
- AFREZZA is not for use in people who smoke or have recently stopped smoking (less than 6 months).
- **Talk to your healthcare provider about all your medical conditions and medications.**

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YOUR DIABETES MANAGEMENT SELF ASSESSMENT



Managing diabetes can be challenging—and the insulin you choose can make a big difference. Use this quick checklist to see if AFREZZA—the only FDA-approved inhaled insulin—could be right for you.

Section 1: Your Diabetes Type

- Type 1 diabetes
- Type 2 diabetes

Section 2: Your Diabetes Medication History

- Tried more than one mealtime insulin (Novolog® (insulin aspart), Humalog® (insulin lispro), Fiasp® (insulin aspart), etc.)
- Tried two or more oral diabetes medicines
- Tried other injectable medications

Section 3: Challenges You've Faced

- Hard to reach my A1C goal
- I go too high or too low
- Side effects with my current insulin
- Thick or sore skin from injections
- I dislike needles
- Sometimes skip injections due to inconvenience or social discomfort

If several items on the checklist apply to you, AFREZZA® could offer a different way to manage mealtime glucose—without injections. **Bring this checklist to your doctor and ask if AFREZZA® is right for you.**



WHAT IS AFREZZA®?

The only mealtime insulin treatment with an innovative inhaled delivery method.

AFREZZA is an ultra rapid-acting inhaled insulin that you breathe in through your mouth using the AFREZZA inhaler.

AFREZZA® INHALER



AFREZZA® CARTRIDGES



4-unit

8-unit

12-unit



While I use an injected long-acting insulin for my basal needs, having an inhaled insulin therapy option has allowed me to prevent painful infusion sites or unpredictable insulin absorption levels from injectable insulin. With the initiation of AFREZZA, I have experienced a marked improvement in the health of my skin.*



- Danica, Health Coach

T1D Afrezza user for over 3 years

*At injection site.

Danica is a paid spokesperson for MannKind. Results may vary.



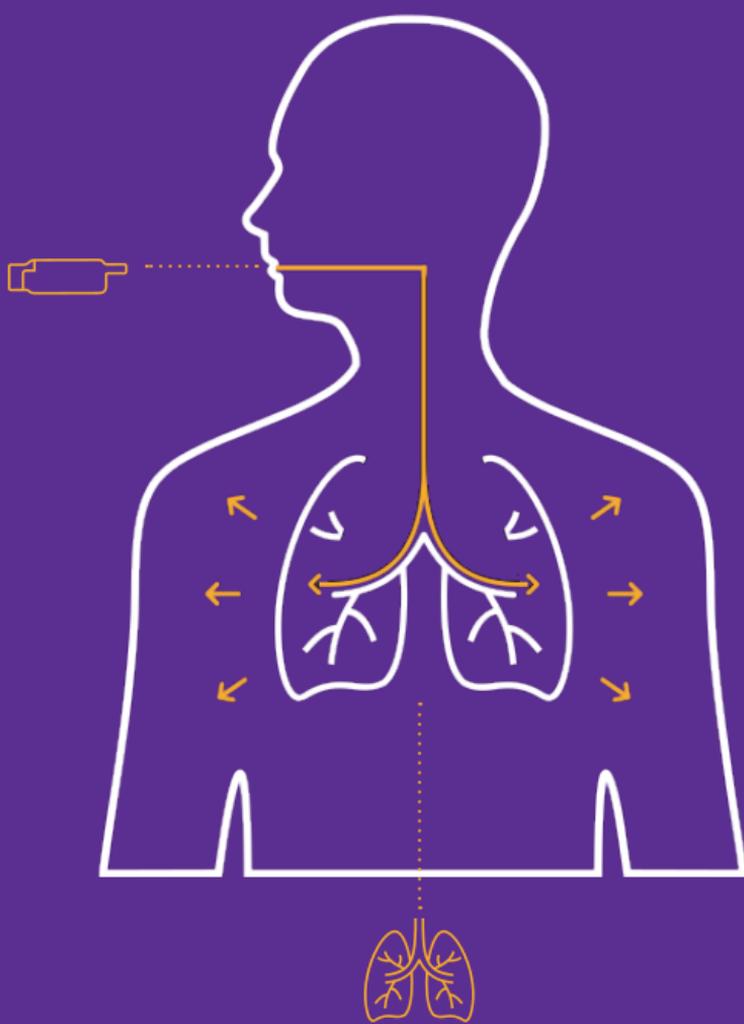
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HOW IS AFREZZA® DIFFERENT?

AFREZZA® IS INHALED, NOT INJECTED

By inhaling your insulin, you could eliminate over 1,000 needlesticks per year*

*Based on an estimation of approximately 3 meals per day, for a total of 1,095 possible mealtime injections per year.



AFREZZA® RAPIDLY PASSES FROM YOUR LUNGS INTO YOUR BLOOD IN UNDER 1 MINUTE

This allows AFREZZA to start lowering blood sugar in about 12 minutes so you can take it the moment you start eating.

Important Safety Information

Decreased lung function: Your healthcare provider should check how your lungs are working before you start using AFREZZA, 6 months after you start using it, and yearly after that.

WHY AFREZZA®?

AFREZZA® gives you flexibility to fit your life, and still meet your treatment goals.



NO PLANNING

AFREZZA lets you inhale your insulin right when food arrives — even unexpectedly — so you can be spontaneous but still in control.



NO WAITING

AFREZZA lowers your blood sugar fast*, similar to the body's natural insulin response.

*Starts lowering blood sugars in ~12 minutes.

“

I used to dread seeing my endocrinologist every three months. Despite doing my best to live a healthy lifestyle and eat right, I couldn't get to the goals my doctor and I wanted for me. 7 months ago, that all changed. With AFREZZA added to my toolkit to manage type 1 diabetes, I now look forward to seeing my doctor and building a stronger partnership to keep me at goal and thriving!



- JJ Guenther

”



NO MEALTIME NEEDLES

AFREZZA lowers your blood sugar at mealtime without injections.



CONTROL YOU CAN COUNT ON

AFREZZA has proven mealtime control in studies of more than 3,000 people with either type 1 or type 2 diabetes.

Important Safety Information

Your dose of AFREZZA may need to change because of change in level of physical activity or exercise, weight gain or loss, increased stress, illness, change in diet, or because of other medicines you take.



PAYING FOR AFREZZA®?

For just dollars a day you can experience greater flexibility and fewer needlesticks.

INSURED
PATIENTS

Commercial and Medicare Part D

Pay as little as

\$1

per day*

Pay as little as \$35 per month

CASH PAY
OPTION

Pay as little as

\$3

per day†

Pay \$299 for 3 boxes

Have your HCP send your prescription directly to
Sterling Specialty Pharmacy for cash.

NPI 1225548480

- MannKind Cares® will determine cost and coverage for your patients and coordinate fulfillment within the AFREZZA Specialty Pharmacy Network or through a local pharmacy (if requested)

*Actual cost varies by eligibility and program terms.

†Eligible patients can enroll at AFREZZAsavingscard.com.

Get Started with AFREZZA®!

Scan the QR Code to enroll in the AFREZZA® Savings Program.



Scan the QR Code or visit
www.afrezzasavingscard.com

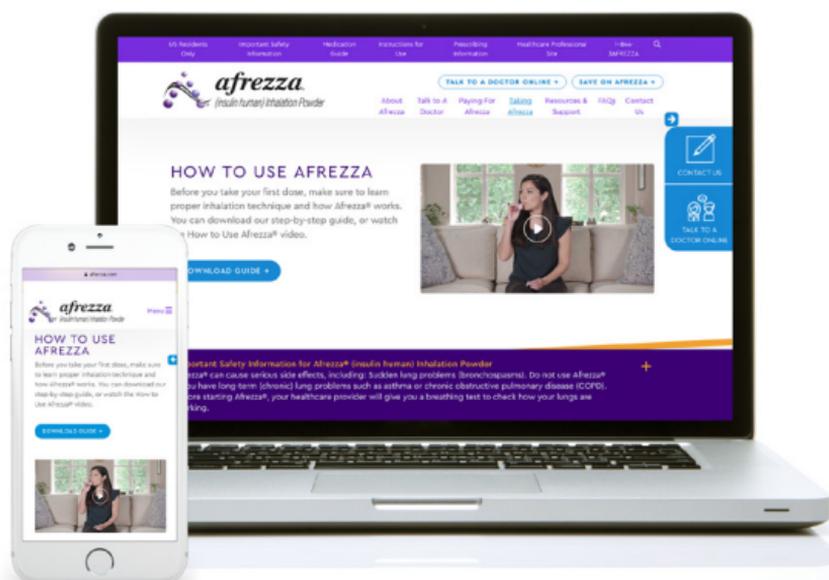
HOW TO USE YOUR CARD

When you have completed enrollment online, **show your AFREZZA® savings card confirmation email or confirmation page to the pharmacist** with your insurance card and prescription.

AFREZZA® is available at your local neighborhood retail pharmacy, as well as specialty or mail order pharmacies, which ship AFREZZA® directly to your home.

CONNECT TO LEARN MORE

If you're ready to learn more about AFREZZA®, visit www.afrezza.com for a deeper dive into how inhaled insulin works and detailed instructional guides.



PHONE (TOLL FREE)

844-4MANKND (844-462-6563)

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about AFREZZA?

AFREZZA can cause serious side effects, including:

- **Sudden lung problems (bronchospasms).** In a study, some AFREZZA-treated patients with asthma, whose asthma medication was temporarily withheld, experienced sudden lung problems. **Do not use AFREZZA if you have long-term (chronic) lung problems such as asthma or chronic obstructive pulmonary disease (COPD).** Before starting AFREZZA, your healthcare provider will give you a breathing test to check how your lungs are working.

What is AFREZZA?

- AFREZZA is a man-made insulin that is breathed-in through your lungs (inhaled) and is used to control high blood sugar in adults with diabetes mellitus.
- AFREZZA is not for use to treat diabetic ketoacidosis. AFREZZA must be used with basal insulin in people who have type 1 diabetes mellitus.
- It is not known if AFREZZA is safe and effective for use in people who smoke. AFREZZA is not for use in people who smoke or have recently stopped smoking (less than 6 months).
- It is not known if AFREZZA is safe and effective in children under 18 years of age.

Who should not use AFREZZA?

Do not use AFREZZA if you:

- Have chronic lung problems such as asthma or COPD.
- Are allergic to regular human insulin or any of the ingredients in AFREZZA.
- **Are having an episode of low blood sugar (hypoglycemia).**

What should I tell my healthcare provider before using AFREZZA?

Before using AFREZZA, tell your healthcare provider about all your medical conditions, including if you:

- Have lung problems such as asthma or COPD
- Have or have had lung cancer
- Are using any inhaled medications
- Smoke or have recently stopped smoking
- Have kidney or liver problems
- Are pregnant, planning to become pregnant, or are breastfeeding. AFREZZA may harm your unborn or breastfeeding baby.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins or herbal supplements.

Before you start using AFREZZA, talk to your healthcare provider about low blood sugar and how to manage it.

What should I avoid while using AFREZZA?

While using AFREZZA do not:

- Drive or operate heavy machinery, until you know how AFREZZA affects you
- Drink alcohol or use over-the-counter medicines that contain alcohol
- Smoke

What are the possible side effects of AFREZZA?

AFREZZA may cause serious side effects that can lead to death, including:

See "What is the most important information I should know about AFREZZA?"

Low blood sugar (hypoglycemia). Signs and symptoms that may indicate low blood sugar include:

- Dizziness or light-headedness, sweating, confusion, headache, blurred vision, slurred speech, shakiness, fast heartbeat, anxiety, irritability or mood change, hunger.

Decreased lung function. Your healthcare provider should check how your lungs are working before you start using AFREZZA, 6 months after you start using it, and yearly after that.

Lung cancer. In studies of AFREZZA in people with diabetes, lung cancer occurred in a few more people who were taking AFREZZA than in people who were taking other diabetes medications. There were too few cases to know if lung cancer was related to AFREZZA. If you have lung cancer, you and your healthcare provider should decide if you should use AFREZZA.

Diabetic ketoacidosis. Talk to your healthcare provider if you have an illness. Your AFREZZA dose or how often you check your blood sugar may need to be changed.

Severe allergic reaction (whole body reaction). Get medical help right away if you have any of these signs or symptoms of a severe allergic reaction:

- A rash over your whole body, trouble breathing, a fast heartbeat, or sweating.

Low potassium in your blood (hypokalemia).

Heart failure. Taking certain diabetes pills called thiazolidinediones or "TZDs" with AFREZZA may cause heart failure in some people. This can happen even if you have never had heart failure or heart problems before. If you already have heart failure it may get worse while you take TZDs with AFREZZA. Your healthcare provider should monitor you closely while you are taking TZDs with AFREZZA. Tell your healthcare provider if you have any new or worse symptoms of heart failure including:

- Shortness of breath, swelling of your ankles or feet, sudden weight gain.

Treatment with TZDs and AFREZZA may need to be changed or stopped by your healthcare provider if you have new or worse heart failure.

Get emergency medical help if you have:

- Trouble breathing, shortness of breath, fast heartbeat, swelling of your face, tongue, or throat, sweating, extreme drowsiness, dizziness, confusion.

The most common side effects of AFREZZA include:

- Low blood sugar (hypoglycemia), cough, sore throat.

These are not all the possible side effects of AFREZZA. Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088 (1-800-332-1088).

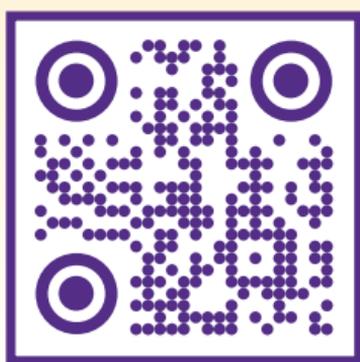
Please See Full Prescribing Information, including BOXED WARNING, Medication Guide and Instructions for Use at Afrezza.com/safety.



If you're ready to try a different kind of insulin, ask your health care provider if AFREZZA® is right for you



Visit afrezza.com to learn more about the only ultra rapid-acting inhaled mealtime insulin.



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LEARN MORE

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mannkind



Medication Guide and
Instructions for Use

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